

Do you want to get in touch, ask me a question, follow me on this journey or offer additional support? Below is various ways to do this and more.

Write

Prison can be a lonely and depressing place. Receiving mail is the highlight of a prisoner's day. If you want to write or send pictures from the outside world, follow the instructions below:

- Only use white paper (lined is fine)
- Only use black or blue ink or pencil
- Your envelope must be white
- You can send color photos (no Polaroids)
- If you want me to write back, be sure to write your address at the end of your first letter (in case the envelope gets messed up)
- You can use my nickname (Pepe) on your letter. Use my official name on the envelope and mail to:

Scott Bodnar 25434-104
Federal Prison Camp
P.O. Box 2000
Lewisburg, PA 17837

Email A Question

If you'd rather email me a question instead of writing, you can do so at the address below. Someone from my support group will make sure it makes its way to me. Check the [questions](#) I've already answered to make sure yours is new. My response will be posted on the blog page:

preparingforfreedom@gmail.com

Facebook

My personal [Facebook page](#)

Obviously I don't have access to these currently but you will find occasional updates from my support group and you can leave me a message for when I'm out.

Donate

If you want to donate to my commissary to help me buy some extra mackerel and olives you can do so at the link below. I will be extremely grateful for anything you give to help me get through my sentence:

[Donate](#)